

Kathryn Brewer, M.Ed.

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BEING ESSENCE DISCLAIMER

As a participant in a mentoring program offered by Kathryn Brewer I hereby understand and accept that I am not receiving any form of psychotherapy and that I am choosing to take responsibility for the progress I make toward my goals, working in co-creation and support with Kathryn.

I acknowledge and am clear that all groups and individual sessions offered through Being Essence are for personal growth and evolution and not for the purpose of psychotherapy. Kathryn is not functioning as a Marriage and Family Therapist for any offerings through Being Essence. If I desire psychotherapy I will be referred by Kathryn to other practitioners.

Printed Name _____ Date _____

Signature _____