

# Team Transition



## TEAM TRANSITION PROPOSAL

*"This is the most profound time to be alive in the whole history of civilization."  
~~ Carolyn Maas ~~*

OUR MISSION: We are committed to accelerating the evolution of humanity through igniting the potential of all youth. We do this by creating safe environments that nurture each youth's awareness and empowerment while experiencing the power of group co-creation and service.



OUR VISION: The youth we train are making notable innovations in their community and globally. Consistent media coverage offers evidence of impact and service, pioneering inclusion of education for the future for all youth. Every child can show up in their own expression of leadership.

Students who experience **Team Transition** thrive in an environment that

- Enhances creativity through deeper understanding of self and energy
- Develops confidence and personal power that leads to self-direction and clarity
- Teaches and practices greater grounding and presence
- Moves beyond collaboration to co-creation
- Offers opportunity for community service/making a difference

The course consists of Passage 1, 12 weeks of 60 or 90-minute sessions, and Passage 2, 12 weeks of 60 or 90-minute sessions.

PASSAGE 1: Personal information shared by students is kept confidential in order to foster safety and trust (allowing for mandated reporting exceptions) and the group develops their own memes (guidelines) for interaction. Topics introduced one week and then expanded/integrated the next week are:

- Everything is energy (science and demonstration including learning to self-energy test)
- The process of change and evolution (science and Photo Walk About)
- Know Thyself including self-soothing/regulating and grounding using proven techniques such as HeartMath and Photo Walk About
- Group Wisdom and Co-creation including creating a resonant circle

- Introduction to community and global service and positive innovations, and Photo Walk About

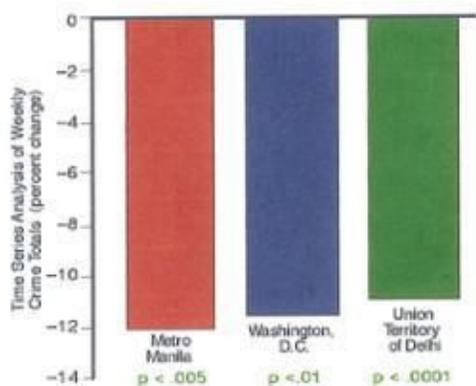
PASSAGE II: Students who have completed PASSAGE I may choose to continue the next level. A major component is training students to become mentors of transition for younger students and for their family members (who are open to it). This is an added focus to the mentoring already part of Montessori education. Photo Walk Abouts are offered for each area of content. Topics covered in this class are

- More individualized clarity about and support of creative gifts
- Greater depth and practice of group process and co-creation adding techniques such as ThoughtStorm
- Training in Subtle Activism (Use of resonant circles to influence the environment)
- Connection to global organizations such as Good of the Whole
- Actual design of a community service project

HELPFUL RESEARCH:

Class content is supported by scientific research. We have attached results of **HeartMath** studies and many more are available at [www.heartmath.org](http://www.heartmath.org). Kathryn authored a pilot research study using HeartMath with Middle School and High School students who were in the classes for the emotionally disturbed (the state's label) resulting in highly significant decreases in emotional and academic limitations.

**Resonant Circles** (also called Heart Circles, Vistar Circles, Evolutionary Circles, Shared Morphic Fields) and **Subtle Activism** are the newest topics for research. Here is one study reported by [www.commonpassion.org](http://www.commonpassion.org):



The table above summarizes three studies that demonstrated significantly reduced crime in the capital regions of the Philippines, the United States and India. A time series analysis showed that this drop was not expected based on prior causative factors, and could not be accounted for by

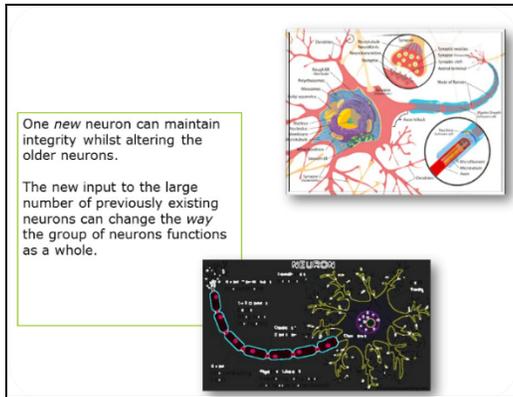
weather, seasonal cycles or change in police coverage. Because two of the three groups were composed of Westerners visiting Asian cities, these studies also demonstrated that peace-creating

groups apparently operate on a fundamental level that transcends political, cultural or ethnic differences. (The Journal of Mind and Behavior, 8, 67-104; The Journal of Mind and Behavior, 9,

457–485). Fig. above: Decreased Crime in the Capital Regions of the Philippines, the United States, and India (Source: [www.permanentpeace.org](http://www.permanentpeace.org) with permission)

### Neuroplasticity using photographic method, Visible Transitions:

Studies show that youth learn and cope better with hands-on activities or through opportunities of collaboration. Various competencies are utilized to successfully cope with **stress**: organizational adaptability, human relations, problem solving, and **self-confidence**.



The hippocampus in a youth is frequently making new neurons. Each new neuron is activated while learning. Builds new neural pathways as it's **challenged** by **new information** and its **environment**. And the learning is in the moment of taking a picture with intention. Noting the value supports the new neuron. *Visible Transitions™* trains the brain through visuals and clarifying values. Thus, it helps turn information into personally relevant knowledge.

(How Your Child Learns Best, 3, 4, 12-13, 284.)

### WHO WE ARE:



**Kathryn Brewer** has a passion for bringing forth the creativity, gifts and promise of our youth and the greatest harmony and joy for families through Today's Awakened Families mentoring, school programs, workshops, speaking and writing. Her work combines over three decades as a Family Therapist, Educational Psychologist and School Psychologist, certification in energy psychology, life-changing work with the genocide orphans in Rwanda, and personal mentoring with Barbara Marx Hubbard (an icon of our awakened future). Her programs are individualized, cutting-edge, inspirational and fun. Working with Kathryn, kids blossom, parents relax, and families find a new level of pleasure in being together.



**Janet Caliri** is a creative, energetic and sought after speaker and coach who brings her innovative and playful process to audiences across the nation. Participants at her events laugh, wonder and explore their childlike curiosity as they discover the keys for ease in life transitions. They examine the role of images for effective change and walk away with the tools to go from Stress to Ease, Fear to Personal Power, and Anxiety to Productivity in their own life transitions.

Janet is a professional photographer, a certified life coach, published author and trained artist teacher for emotionally disturbed and at-risk youth at an award winning non-profit in LA. There she learned how to work with students of different challenges, how to build community, handle interventions and instill a culture of respect, courage and accountability where students and teachers work and play together as equals.

### ABOUT OUR WORK:

"I feel so honored that Kathryn worked with me and my family. Through our virtual Zoom call, Kathryn was able to connect with me, my husband, and my children: a nine year-old daughter and a set of 3 year-old girl-boy twins. Her warmth was radiant and the children loved her. Kathryn has a strong sense of compassion and intuition and she nailed each of our types with confidence and accuracy. She knew exactly how to get my twins to respond and listen with ease which was amazing! She skillfully communicated about the techniques and concepts in a way that was easily understood by each of us. I highly recommend you work with Kathryn so you too can find peace and clarity within your family as we did." **Alana Heim, CPA/PFS/CFP, Certified Human Design Specialist, Financial Therapist**

"We asked Janet Caliri to conduct a seminar series across 6 weeks with some of our program participants who have developmental disabilities as well as other complex special needs. We certainly don't regret it and we certainly won't forget it! Recognizing and appreciating each person's unique depth and potential, Janet created an experience that was both very powerful and very comfortable, and she did so quite elegantly. We highly recommend her, only lamenting that as a verb, "recommend" hardly seems sufficiently dynamic."

**Chas Abate ~ Founder, Community Home and Services, Novato, CA**